

October

Breakfast

ALL STUDENTS:

NO CHARGE

Milk choice: 1% White, or Nonfat Chocolate.

Breakfast Menu – Start your day right with a wholesome, nutritious breakfast by selecting 3 items. One must be at least a ½ cup of fruit.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4 Oatmeal Chocolate Chip Bar or Marshmallow Mateys Craisins	5 Banana Cocoa Chip Bar or Blueberry Spooners 	6 Ultimate Breakfast Round or Honeynut Scooters Banana	7 Mini Blueberry Pancakes or Strawberry Spooners Tangerine	8 Coco Chip Bar or Cinnamon Toasters w/ Graham Crackers Banana 
11 Breakfast Burrito or Marshmallow Mateys 	12 Turkey Sausage Pancake Wrap or Blueberry Spooners Apple	13 Strawberry Bread or Honeynut Scooters 	14 *Canadian Ham & Cheese Croissant or Strawberry Spooners Banana	15 Cinnamon Rolls or Cinnamon Toasters w/ Graham Crackers Banana
18 Pop Tart Or Marshmallow Matey's Craisins	19 French Toast Stix w/Syrup or Blueberry Spooners 	20 Fresh Donut or Honeynut Scooters Apple	21 Blueberry Muffin or Strawberry Spooners 	22 Turkey Sausage Breakfast Pizza or Cinnamon Toasters w/ Graham Crackers Mixed Berry Cup
25 B.I.C. Menu 	26 B.I.C. Menu 	27 B.I.C. Menu 	28 B.I.C. Menu 	29 B.I.C. Menu

Menu subject to change without notice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

* Menu items may contain PORK